

# Home Learning

You will have most likely been provided with lots of work for you to do with your child at home. This can be quite overwhelming. Remember you are not your child's teacher, just do your best and that is enough.

Here are some of our practical tips to support you during this time:

### **Prioritise your child's wellbeing**

Great learning only happens when your child feels safe and secure. Provide your child with reassurance and love.



### **Maintain a routine**

All children need normality, familiarity and structure.

All children are individuals, so work with your child to set a suitable routine.

Include plenty of short breaks.

# Luton Adult Learning

## **Create different 'spaces'**

Try to separate work space from chill space.

You don't need to have a large space. You can let the children be creative on dividing the spaces in their bedroom or living.

## **Emphasise essential literacy and numeracy skills**

Reading or sharing books

Writing

Times tables, number bonds, division facts and addition and subtraction strategies.



## **Other activities...**

If your child is finding the work from school a struggle, you can do other activities such as cooking, gardening, playing games and physical exercise.

These are just as beneficial and there is nothing to feel guilty about!

## **Learning should be fun**

Talk to your child and be attentive.

Enjoy the quality time you now have.

But most of all have fun learning together.

If you need some more support or have any suggestions of how we can help you, email us at [info@lutonacl.ac.uk](mailto:info@lutonacl.ac.uk) and we will try to support you or signpost you to suitable alternative support.

Our next issue will be out on Friday 17 April

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