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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **YR** | Running and Agility(A) | Balance and jumping(B) | Gymnastics | Throwing and catching(C) | Parachute games | Athletics/Sports day |
| **Year 1** | Throwing and Catching | Dance | Balance and Movement(Gymnastics)**ABC’s progression from reception** | Tennis | Striking and Fielding**ABC’s progression from reception** | Athletics**ABC’s progression from reception** |
| **Year 2** | Multi skills/Team Games**ABC’s recap from Y1** | Dance**Nativity** | GymnasticsFootball | Bat and ball skills**ABC’s recap from Y1** | Outdoor games | Athletics |
| **Year 3** | Handball/DodgeballDance | FootballGymnastics | OAANetball/Basketball | GolfCricket | TennisHockey | AthleticsRounders |
| **Year 4** | SwimmingDance | SwimmingGymnastics | SwimmingTag Rugby | SwimmingFootball | SwimmingCricket/Rounders | SwimmingAthletics |
| **Year 5** | FootballGymnastics | NetballBadminton | Dodgeball/HandballCricket | HockeyGolf | VolleyballTennis | AthleticsRounders |
| **Year 6** | HockeyGymnastics | BasketballDance | Tag RugbyLacrosse | TennisOAA | CricketRounders | Athletics |