



## Bingo Board – Try Some of These Activities Whilst At Home

*Can you complete the whole board? You can play as many times as you like!*

Read three books	Watch a new film you haven't seen before	Watch a documentary	Bake a cake	Complete a Joe Wicks workout on YouTube
Complete a circuit of 20 x star jumps, 20 x tuck jumps, 20 x pencil jumps, 20 x jumping jacks	Balance and hold for 10 seconds each: - tuck            - pike - straddle      - left leg - right leg	Practise one and two handed catches with a ball or balls of choice	Play a board game	Learn to play a card game
Help to wash up after dinner three times (or load the dishwasher)	Tidy my bedroom	Go on a walk / run / bike ride / scooter with my family once per day	Play 'hangman' or 'noughts and crosses' with a family member	Write a book review about a book you have read
Write a story, poem or song	Learn a new dance routine	Build a den in the garden or bedroom	Decorate biscuits	Build a rocket out of cereal boxes, loo-rolls and newspapers
Write a song or a rap about a topic you are learning about in school	Listen to a piece of classical music	Write a biography on your favourite singer	Create your own game on 'Scratch'	Go two days without sweets or crisps
Learn to count to ten in a language you don't know	Surprise someone with an unexpected act of kindness	Draw an awesome castle of your own design	Eat fruit and vegetables for two days in a row	Do some housework – dusting and cleaning
Learn ten letters from the British Sign Language Alphabet	Speak to a friend online	Go on TT Rock Stars for three days in a row	Your idea	Cook a meal with a parent