



Fresh 'N' Tasty School Menu - Week 1

Weeks commencing; 12.04.2021 - 26.04.2021 - 10.05.2021 - 24.05.2021

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------|--|---|---|---|--|
| Red Choice | Fish Fingers served with Tomato Sauce Accompanied by: Mashed Potato Allergens: *Gluten / Fish | Chicken Nuggets Accompanied by: Baked Wedges Allergens: Celery / Gluten / Milk | Roast Beef with Yorkshire Pudding served with a rich Gravy Accompanied by: Roast Potatoes Allergens: Gluten / Milk / Egg | Chicken Korma Accompanied by: Rice Allergens: Milk | Homemade Pizza served with Fresh 'N' Tasty Tomato Sauce Accompanied by: Chips Allergens: *Gluten / Milk |
| Green Choice | Cheese Pinwheels Accompanied by: Mashed Potato Allergens: Milk / Egg | Cheese Lattice Accompanied by: Baked Wedges Allergens: Gluten / Soya / Milk | Linda McCartney Sausages with Yorkshire Pudding served with a rich Gravy Accompanied by: Roast Potatoes Allergens: Gluten / Milk | Macaroni Cheese served with Garlic Bread Allergens: Gluten / Milk | Harry Ramsden Battered Fish served with Tomato Sauce Accompanied by: Chips Allergens: *Gluten / Fish |
| Vegetables | Sweetcorn | Peas | Carrots | Peas | Baked Beans |
| Dessert | Mini Doughnuts Organic Yogurts | Lemon Drizzle Muffins | Ice Sponge Cake Fresh Fruit | Shortbread Biscuit | Fruit Jelly Pot Fresh Fruit |

Our meals are prepared daily by our dedicated teams. All Fresh 'N' Tasty meat is farm assured and meet welfare standards. We use locally sourced food products and suppliers where possible (subject to availability). We use Fairtrade, organic and free range eggs on a daily basis.

Fresh 'N' Tasty is a 'not for profit' School Company run by its Partner Schools.

Note: *Gluten denotes that a gluten free alternative dish is available.





Fresh 'N' Tasty School Menu - Week 2

Weeks commencing; 19.04.2021 - 03.05.2021 - 17.05.2021

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------|--|--|---|---|---|
| Red Choice | Beef Burger served in a Soft Bun Accompanied by: Baked Wedges Allergens: Gluten / Soya | Butchers Sausages served with a rich Gravy Accompanied by: Mashed Potato Allergens: Gluten | Roast Chicken with Yorkshire Pudding served with a rich Gravy Accompanied by: Roast Potatoes Allergens: Gluten / Milk / Egg | Spaghetti Bolognese served with Garlic Bread Allergens: Gluten / Milk / Egg | Homemade Pizza served with Fresh 'N' Tasty Tomato Sauce Accompanied by: Chips Allergens: *Gluten / Milk |
| Green Choice | Veggie Burger served in a Bun Accompanied by: Baked Wedges Allergens: Gluten | Quorn Sausages served with a rich Gravy Accompanied by: Mashed Potato Allergens: Milk / Gluten | Quorn Roast with Yorkshire Pudding served with a rich Gravy Accompanied by: Roast Potatoes Allergens: Milk / Gluten / Egg | Quorn Bolognese served with Garlic Bread Allergens: Gluten / Egg | Harry Ramsden Battered Fish served with Tomato Sauce Accompanied by: Chips Allergens: *Gluten / Fish |
| Vegetables | Sweetcorn | Carrots | Peas | Sweetcorn | Baked Beans |
| Dessert | Strawberry Whips Organic Yogurts | Ice Sponge Cake | Cookies Fresh Fruit | Chocolate Sponge | Ice Cream Pots |

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