



Shaping Future Sportspeople : An Overview of Our Curriculum



DRIBBLING

Develop players' confidence with the ball at their feet and using both feet as well as different parts of their feet to manipulate the ball in pressurised situations, evasion strategies and beating opponents in 1v1 situations.



PASSING

Develop players' ability to pass over a range of distances, off both feet and using a variety of surfaces. Enhancing their understanding of how their pass can give their team mate information and help them with their next move.



RECEIVING

Improve players' ability to receive the football with both feet, a variety of surfaces and in a range of ways that can help them to make their next decision quickly, playing forward whenever possible.



DEFENDING

Develop defensive understanding in players to help them defend with confidence in 1v1 and outnumbered situations. Building an understanding of the 5 S's of defending.



FINISHING

Develop a range of finishing skills using both feet. Introducing the ABC's of finishing: Adjustment finishes, Balanced finishes and Creative finishes. Give players lots of opportunities to shoot in a variety of scenarios they will face in the game.



TACTICAL TASKS

Develop 6 tactical aspects of football. 3 attacking game states: Build the attack, create the attack, finish the attack. 3 defensive game states: High pressing, Create a mid block, Create a deep block (emergency defending).



VALUES

Our whole programme is underpinned by the 'Stopsley 6' values: Creativity, Resilience, Respect, Honesty, Teamwork and Effort. All our sessions, both classroom and practical will be inspired by these values.



PROBLEM SOLVING

All of the sessions and classroom lessons will empower participants to problem solve, developing resilient and independent learners who can solve problems that occur on or off the pitch.

